Hygiene Practice



Aside from your morning and nightly routines, encourage your child to practice their hygiene skills after eating lunch. We practice this every Monday, Wednesday, and Friday in class. Students are asked to choose 3 hygiene skills to work on during this time.

Examples of various skills:

- o Washing Faces
- o Brushing Teeth
- o Putting on Deodorant
- o Putting on Body Spray/Cologne
- o Combing Hair